



Presque

Recreation **I** is Our Game

Isle

RECREATION & PARKS DEPARTMENT

**2023 SUMMER
PROGRAMS**

Greeting & Introductions

Welcome to the Presque Isle Recreation & Parks anticipated summer programs.

This brochure is designed to inform parents and participants of all the exciting programs we have to offer. In it you will find important details regarding each program or activity.

It is with your understanding that any or all of our programs are subject to change. If at any time during the summer you have any concerns, questions or suggestions, please do not hesitate to contact us.

Have a great summer!
Presque Isle Recreation & Parks

Register at the Sargent Family Community Center or online at pirec.org by clicking on the registration tab. All program fees are to be paid in full at time of registration. Non-Residents may not be eligible for some county competitions if their community offers a similar team.

THE FORUM:

Monday - Friday 8:00 am - 5:00 pm
For info contact 764-2545

SARGENT FAMILY COMMUNITY CENTER:

Monday - Friday 8:00 am - 5:00 pm
Saturday - Sunday 10:00 am - 4:00 pm
For info contact 764-2545

RIVERSIDE SPLASH PAD:

10:00 AM - Dusk
(Closed during inclement weather)

ALL CITY PARKS

DAWN to DUSK
Bathroom Hours: 9:00 am - 7:00 pm
May 15 - Oct. 15

NORDIC HERITAGE OUTDOOR CENTER:

Dawn - Dusk
For info contact 764-2545



For cancellations,
contact our hotline: 764-2510.
For the most up to date program
information, visit us on Facebook.



Trail Running - Mountain Biking - Disc Golf - Hiking - Skiing - Biathlon
Snowshoeing -Sliding Hill - Fat Tire Biking - Geocaching
Weddings - Events - Festivals - Outdoor Programming
NordicheritageOC.org

Open Daily Dawn - Dusk
Membership or Day Use Pass Required

NOT YET A MEMBER?
Head to pirec.org and click on Registration Tab



Nordic Trail & Music Festival

July 28 - 30

Whether you want to tackle the trails for a day of hiking, running or biking, or relax and take part in a variety of events, this weekend should not be missed! Enjoy live music, games for young and old, contests, food, racing, and the awesome trails at Nordic Heritage Outdoor Center, all with the spectacular backdrop of a Northern Maine Summer!

nordictrailfestival.com

Track & Field



Youth ages 7 & 8

(as of December 31, 2023):

Held on Mondays and Wednesdays
5:00 pm - 6:00 pm.

Standing long jump, softball throw
and timed races will be introduced.

Youth ages 9 to 14

(as of December 31, 2023):

Held on Tuesdays and Thursdays
from 5:00 pm - 6:15 pm.

Start Date: Ages 7 & 8 - May 8

Ages 9 to 14 - May 16

All practices will be conducted at the
Presque Isle Middle School track.

Dates/Times for local meets will be
announced as they are determined.

Activity fee \$35.⁰⁰ This is a 6 week
program. **LET'S RUN!**

Adult Archery

Learn the basics and hone your skills as you loose arrows at your target. Held on Thursdays at the Nordic Heritage Outdoor Center. Have fun and gain confidence as your shooting improves from 5, 10, and all the way out to 20 yards! No special skills are required for this adult offering. Come with a desire to learn, and leave with a new passion!

Runs May 18 - June 22 from 5:30-6:45 pm

Activity fee \$35.⁰⁰



Northern Maine Soccer Camp

Get a leg up on the competition and join us for the Northern Maine Soccer Camp! This camp will take place ahead of the middle school and high school soccer seasons. Age divisions will be:

Grades Pre-K-2, 3-5, 6-8 and 9-12.

This program will run August 7, 8, 9, 10, & 11.

Activity fee \$60.⁰⁰

Stay tuned as there will be more info to come!



Youth Archery



Come enjoy the great sport of archery in a safe and fun environment. Classes focus on range safety and basic shooting techniques with a recurve bow. All equipment is provided. Archery meets once per week and is held at the Nordic Heritage Outdoor Center.

Starts the week of June 26 and ends the first week in August.

Activity fee \$35.⁰⁰

Shuttle	Departs promptly at	9:15 am
Grades 4 & 5	Wednesday	9:30 am
Grades 4 & 5	Thursday	9:30 am

Shuttle	Departs promptly at	10:45 am
Grades 6 - 8	Wednesday	11:00 am
Grades 6 - 8	Thursday	11:00 am

Kayaking



Be it a picturesque pond, a serene stream or a rolling river, join us as we learn to paddle a touring kayak. Come and explore the many bodies of water all around us. Participants will also learn water safety procedures.

All classes are offered to boys and girls in grades 5-9. **Classes are held once a week on Tuesday, Wednesday or Thursday from 1:00 to 4:00 pm.**

Transportation to boating locations will be provided.

Starts the week of June 26 and ends the first week in August.

Activity fee \$35.⁰⁰



Disc Golf

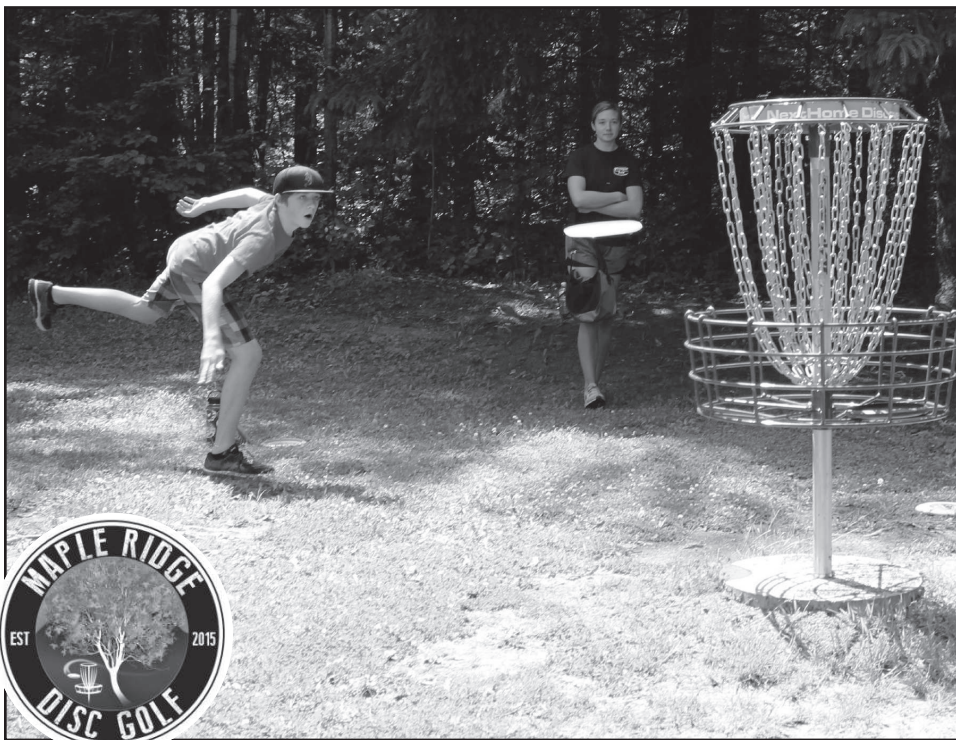
Come enjoy the outdoors and learn how to play disc golf at multiple great courses in the area. The courses run through various terrains from grassy fields to forested fairways. Disc golf is easy to learn and lots of fun for children and adults of all ages and athletic abilities. Participants will receive their own disc to keep at the end of the program! This program is for boys and girls in grades 4 - 9.

Mondays from 1:30 pm - 4:30 pm
Shuttle departs at 1:15 pm.

Transportation to and from the Sargent Family Community Center will be provided.

Starts the week of June 26 and ends the first week in August.

Activity fee \$35.⁰⁰



Mountain Biking

This program is available to bikers of all abilities. You will learn to climb steep hills, descend slopes, power through turns, and have a blast with your friends. We will explore the vast network of trails at the Nordic Heritage Outdoor Center. This crew gets down in the mud, so rain or shine, it's time to ride!

Beginner Mountain Biking is offered to boys and girls in grades 5 - 9. This session is held on **Mondays or Fridays from 9:00 am to 11:00 am.**



Advanced Mountain Biking is offered to boys and girls in grades 5 - 12 who qualify. This session is held on **Mondays or Fridays from 11:30 am to 1:30 pm.**

Participants meet at the Sargent Family Community Center. Transportation to and from the Nordic Heritage Outdoor Center will be provided.

Starts the week of June 26 and ends the first week in August.

Time trial for Advanced Mountain Biking qualification will take place on **June 23 at 4:00 pm at the Nordic Heritage Outdoor Center.**

Activity fee \$35.⁰⁰



Hiking/Geocaching

Let our instructors open your eyes to our beautiful trails with hiking/geocaching. Boys and girls in grades 5 - 9 will get a chance to explore Mantle Lake Park, Haystack, Quoggy Jo, and many more trails in this fun adventure program!

We will meet from 9:00 am - 11:30 am on Tuesdays or 2:00 pm - 4:30 pm on Fridays.

Starts the week of June 26 and ends the first week in August.

Transportation from the Sargent Family Community Center to hiking locations will be provided.

Activity fee \$35.⁰⁰



Flag Football

BLUE 52! Hut, HUT!

Are you ready for some football?! This activity is offered to boys and girls in Grades 5+ and runs once a week on **Tuesdays from 3:00 pm - 4:00 pm at Riverside Park.**

Starts the week of June 26 and ends the first week in August.

Program is **FREE** and registration is not required.



Super-hero Club —

KA-POW! ZAP! WHAM-O!

It's Super Hero time! Come save the day as we celebrate our favorite superheroes. Featuring a new super hero every week, participants will train their super skills, make costumes, battle the obstacle course and help save the world from total destruction. This program is for boys and girls in grades 1 - 4 and is held at the Sargent Family Community Center.

Grades 1 & 2 Thursdays from 12:30 pm - 1:45 pm

Grades 3 & 4 Thursdays from 2:00 pm - 3:15 pm

Starts the week of June 26 and ends the first week in August.

Activity fee \$35.⁰⁰



Gardening Club

Gardening Club is a great opportunity for boys and girls to get their hands dirty!



Throughout the class, kids will learn how to grow, maintain and harvest vegetables, herbs and flowers. We will also take trips (transportation provided) to a community garden and local grower to learn the importance of maintaining and caring for their own garden plots. This program will take place at the Sargent Family Community Center.

**Grades 2 & 3 on
Tuesday 2:00 - 3:30 pm**

**Grades 4 - 6 on
Tuesday 3:30 - 5:00 pm**

**Starts the week of June 26
and ends the first week in
August.**

Activity fee \$35.⁰⁰



Tennis



Grade 3	T & Th	9:00 am
Grade 4	M & W	11:00 am
Grade 4	T & TH	10:00 am
Grade 5	M & W	12:00 pm
Grade 5	T & Th	12:00 pm
Grade 6	M & W	10:00 am
Grade 6	T & TH	1:00 pm
Grade 7 & 8	M & W	9:00 am
Tennis Team	T & TH	2:00 pm

Players participate in various games and activities that develop hand-eye coordination and other tennis skills. The focus is on having fun on the court, while learning the basic strokes of tennis. Lessons for youth are held at UMPI. All players need to bring a tennis racket, sneakers, comfortable clothing and a personal water bottle. Alternate rain location will be the Sargent Family Community Center.

Starts the week of June 26 and ends the first week in August.

Activity fee \$35.⁰⁰

Tennis Team

This program is for the more experienced and competitive tennis player. Players must be in grades 5-12. The tennis team will compete with other county teams and participate in county tournaments. The tennis team meets at UMPI.

Tuesdays & Thursdays at 2:00 pm.

Starts the week of June 26 and ends the first week in August.

Activity fee \$35.⁰⁰

Tai Chi

Tai Chi comes from an ancient Chinese tradition which involves a series of movements performed in a slow, focused manner. Regular practice of Tai Chi has been shown to improve balance, flexibility, fitness, as well as reduce stress. **NO** prior experience with Tai Chi necessary. **NO** special clothing or equipment necessary.

The course of study is geared toward seniors, but open to all.

For additional information, please call 764-2545.

(This activity will be moving to outdoor location date to May 10)

FREE to attend

Wednesdays from 10:30 am – 11:30 am



Softball



Participants will learn and develop a wide range of softball skills including fielding, hitting and team play through various age appropriate drills and games. After the Skills Assessment

(**see below**), players will be placed on teams and participate in practices and games. Practice and game times may vary. Held at PIHS.



Players should bring a glove, personal water bottle and wear sneakers or cleats along with their team uniform.

Activity fee \$35.⁰⁰

Girls Grades 3 - 5

Girls Grades 6 - 8

Ponytail

Junior

M, W & F

M, W & F

9:00 am - 10:15 am

10:30 am or 12:00 pm



Skills Assessment

All players should attend the Skills Assessment on **Wednesday, June 14** at the Presque Isle High School Softball Diamond.

Girls Grades 3 - 5 3:15 pm

Girls Grades 6 - 8 4:15 pm

Schedules and team roster will be available online and may be picked up at the Rec Center beginning Friday, June 23. Uniforms will be handed out at their team's first practice.

Starts the week of June 26 and ends the first week in August.



Baseball



Participants will learn and develop a wide range of baseball skills including fielding, hitting and team play through various age appropriate drills and games. After the Skills Assessment (***see below***), players will be placed on teams and participate in practices and games held at Bishop's Island Ballfield or Pine Street Field. Practice and game times may vary.

Players should bring a baseball glove, personal water bottle and wear sneakers or cleats and team uniform.

Activity fee \$35.⁰⁰

PreK & K
Grade 1 & 2
Grade 2 & 3
Grades 4 - 7
Grades 8 - 10

Mini Tee-Ballers
Tee Ball
Farm Ball (coaches pitch)
Major League
Pony League

T & TH
T & TH
T & TH
M, W & F
M, W & F

8:30 am or 9:30 am
9:30 am or 10:30 am
10:30 am or 11:45 am
8:30 am or 10:30 am
3:00 pm

Skills Assessment

The following grades should attend the Skills Assessment on **Wednesday, June 14** at Bishop's Island Ballfield.

Grade 2 3:30 pm
Grades 4 - 7 4:30 pm
Grades 8 - 10 5:30 pm

Schedules and team rosters will be available online and may be picked up at the Rec Center starting on Friday, June 23. Uniforms will be handed out at their team's first practice.

Starts the week of June 26 and ends the first week in August.

Games in the Park

We're getting together at Mantle Lake Park to play classic backyard games like capture the flag, man hunt, and camouflage. No money required. All that's needed is a thirst for fun and adventure! Games are for grades 5-9 on Wednesday evenings from 6:00 pm - 8:00 pm at Mantle Lake Park. Parents are responsible for transportation.

Each Wednesday beginning the week of June 26 until the first week of August.

FREE



Family Adventure Night



"When can we go again?!?" That's what you'll hear when you bring the whole family out for Family Adventure Night! The activity and location changes every week, but the wholesome family fun always stays the same! Rest assured all activities will be safe and family friendly. After all, recreation is our game! Offered Thursday evenings. Head to pirec.org to sign up for events you wish to attend. All events available when registrations go up.

Each Thursday beginning June 29 until August 3.
FREE unless fee incurred by location

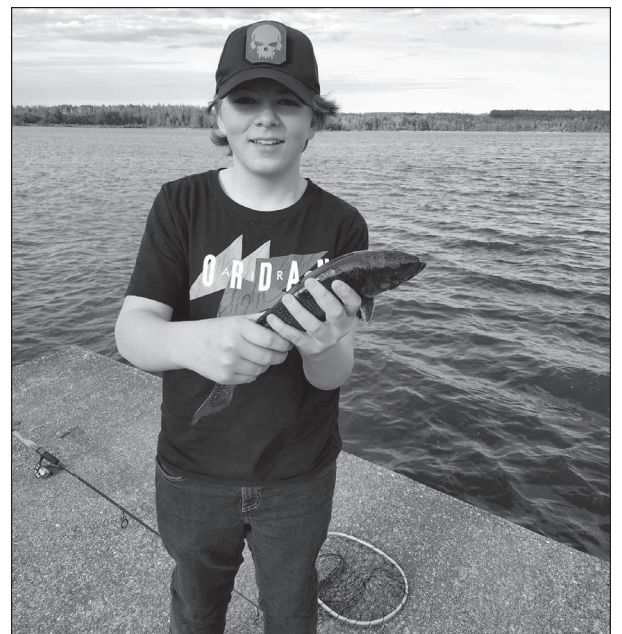
Fishing

Kids in grades 6-12 will have a blast as we load into our adventure van and explore fishing holes all around the area! New to fishing or just looking for a ride to a new pond, it doesn't matter! Poles and gear can be provided, but kids are encouraged to bring their own gear if they have it. This activity is held on Tuesdays 4:00 pm to 6:00 pm. Van departs the Sargent Family Community Center at 4:00 pm.

Each Tuesday beginning May 16 until June 20

Grand finale day trip on June 24. Details to follow

Activity fee \$35.⁰⁰



Ladies Trail Night

Ladies age 18 and over are encouraged to meet up for some fun and fitness! Happening 6:00 pm Tuesday evenings at the Nordic Heritage Outdoor Center, you can come to hike or trail run! All activities will be led by experienced members of the group, so no need to worry about where you're going!

The first session will be Tuesday, May 16 and runs until Mother Nature says otherwise.
Nordic Heritage Outdoor Center membership or day use pass required.



Cheer Camp

Participants will work on improving their cheer game through experienced instruction. Points of focus will be motion technique, jumps, basic stunts and of course dance! Participants should bring a personal water bottle and wear sneakers along with comfortable clothing. Sessions will take place from 2:00pm – 3:30pm each day and be held in the multi-purpose room at the community center as well as outside if the weather permits. This activity is open to girls and boys in grades 4-7.

Session Dates:

Week 1 - July 10, 11, 12, 13

Week 2 – July 17, 18, 19, 20

Activity Fee - \$35.⁰⁰



Horse Camp

East of Eden Stables (95 Allen Rd., Presque Isle) will be conducting 4 Horse Camp sessions and 1 Trail Riding session this summer/early fall for the PI Rec. During each of these camps, participants will learn all things horse! Youngsters will try their hand at mucking, horse first aid, safety and of course riding! Each day will run from 1pm-3pm and include at least 1hr of riding. Through the activities, participants will build self confidence and empowerment as well as a better understanding of their relationship with nature. Proper clothing for the weather is necessary as well as appropriate footwear, i.e. boots/sneakers. Please no open toe shoes/flats. Helmets will be provided during rides. Parents are welcome to stay.

Session 1 – Seniors (55+)
May 25 & 26 (1pm - 3pm)

Session 3 – Ages 8-10
July 26, 27, 28 (1pm - 3pm)

Trail Riding Camp – Ages 11-14
September 27, 28, 29 (1pm – 3pm)

Session 2 – Ages 5-7
June 21, 22, 23 (1pm - 3pm)

Session 4 – Ages 11-14
August 16, 17, 18 (1pm - 3pm)

Activity Fee: \$50.⁰⁰



Ladies Mountain Bike Night

A new offering just for the ladies! It's time to hit the trails on two wheels, and have an absolute blast with friends!!! Participants must be 18, but there's no need to be an experienced mountain biker. There will be groups for every comfort level! All rides will take place at the Nordic Heritage Outdoor Center. Groups will be led by experienced users, so no need to worry about getting lost. After a good ride, relax by the fire pit to enjoy some good conversation with your fellow bikers!

Thursday evenings 6:00 pm beginning May 18 and running as long as weather permits.

Bike rentals are available at the NHOC Welcome Center.

Nordic Heritage Outdoor Center membership or day use pass required.



Golf

"Thwack!" "What a drive!!!" That's the sound you'll hear emanating from the tees at the Presque Isle Country Club as we aim to hit the links for summer 2023! In partnership with PICC, we are offering Summer Golf to kids in grades 7 - 12. This is NOT a "learn to play golf" program. Participants must already possess an understanding of the game. Grab your clubs and get ready to make Wednesdays your new favorite day of the week!!

Wednesdays 2:00 PM - 5:30 PM.

Transportation to and from PICC will be provided

Rental clubs available at no extra cost

Starts the week of June 26 and ends the first week in August

Activity fee \$100.⁰⁰



Adult Learn to Kayak

Do you already enjoy kayaking or think you might want to give it a try? Either way, this offering is for you! Join us for a beautiful paddle on Presque Isle Stream as our instructors show you the ins and outs of kayaking. We will explore topics from craft selection, boat setup, proper posture, strong paddling techniques, and more!



All Equipment is provided.

Personal boats and gear are welcome.

**Sessions are May 19 and 26
from 5:00 pm to 7:00 pm.**

Participants meet
at the Sargent Family Community Center.

FREE

Senior Activities

SENIOR MUSIC JAM

Wednesday from 12:00 pm - 3:00 pm

in the Senior Room

This activity features the talents of several area musicians
FREE to attend

BREAKFAST BUS

Every other Thursday beginning May 4

Free transportation to diners across Aroostook County

Departure times vary

Call 764-2545 to sign up each week

BRIDGE

Fridays from 12:00 pm - 4:00 pm

in the Senior Room

LINE DANCING

Tuesdays 1:00 pm - 3:00 pm

in the Multi Purpose Room

SENIOR HORSE CAMP

May 25 & 26, from 1:00 pm - 3:00 pm

Registration Required

ADULT LEARN TO KAYAK

May 19 & 26; 5:00 pm - 7:00 pm

at the Riverside Boat Launch

All equipment provided, or bring your own

FREE

What's happening this summer ...

SUMMER ARTS CAMPS

When can I sign up?

Registration opens **May 1, 2023**

How do I sign up?

Online at wintergreenarts.org

E-mail wintergreenarts@gmail.com

Message us on Facebook

Call **(207) 762-3576**

How much does it cost?

Camps are \$50 per week

ART with HeART is FREE

NO child turned away due to inability to pay.

SCHOLARSHIPS AVAILABLE



2023



ART with HeART

with **Ms. Shaye McHatten**

39 Davis Street / Birch Street Neighborhood

July 10 - July 27

*In partnership with the
Presque Isle Housing Authority*



1:30 pm – 3:00 pm **Grades K-3**

3:30 pm – 5:00 pm **Grades 4-8**

Monday through Thursday

FREE TO ALL LOCAL CHILDREN!

Date	Time	Grade	Camp	Location	Teacher
June 26 – 29	9:00 – 10:30	K-2	Nature & Art Camp	Rec Center	Ms. Lila McCrum
	11:00 – 12:30	3-8	Nature & Art Camp	Rec Center	Ms. Lila McCrum
July 3 – 6	4th of July Week		NO Summer Arts Camps	This Week is Time for	Family Fun
July 10 – 13	9:00 – 10:30	K-2	Mermaid & Pirate Camp	Wintergreen	Ms. Shaye McHatten
	9:00 – 10:30	3-8	WKNN: Video Camp	Wintergreen	Ms. Dottie Hutchins
	11:00 – 12:30	3-8	Spa Camp	Wintergreen	Ms. Shaye McHatten
July 17 – 20	9:00 – 10:30	K-2	Unicorn & Dragon Camp	Wintergreen	Ms. Shaye McHatten
	11:00 – 12:30	3-8	Wizard Camp	Wintergreen	Ms. Shaye McHatten
July 24 – 27	9:00 – 10:30	K-2	Adopt-a-Pet Camp	Wintergreen	Ms. Shaye McHatten
	11:00 – 12:30	3-8	DIY Décor Camp	Wintergreen	Ms. Shaye McHatten
July 31 – Aug 3	9:00 – 10:30	K-2	Painting-at-the-Park Camp	Rec Center	Ms. Lila McCrum
	11:00 – 12:30	3-8	Painting-at-the-Park Camp	Rec Center	Ms. Lila McCrum
Aug 7 – Aug 10	9:00 – 10:30	K-2	Fairy Garden Camp	Rec Center	Ms. Lila McCrum
	11:00 – 12:30	3-8	Fairy Garden Camp	Rec Center	Ms. Lila McCrum



WKNN: Video Camp
Wintergreen Kids
News Network, real
 news by real kids about
 things happening in
 Aroostook County.



**Combine art and nature while
 enjoying Presque Isle's
 beautiful parks and trails.**

830 Main Street, PO Box 1252, Presque Isle, Maine 04769
(207) 762-3576 • wintergreenarts@gmail.com • wintergreenarts.org



2023 Summer Schedule

Ongoing

ZUMBA

Tuesdays and Thursdays from 5:30 pm - 6:30 pm.

TAI CHI

Wednesdays from 10:30 am - 11:30 am at the Sargent Family Community Center.
Moving to outdoor location at Mantle Lake Park May 10. FREE to attend.

PICKLEBALL

Tuesdays and Thursdays from 9:00 am - 10:30 am. FREE

Wednesdays from 6:00 pm - 8:00 pm \$5.⁰⁰
at the Sargent Family Community Center.

ADULT SOFTBALL

League - Teams must register by May 20.
Call 764-2545 to register or get more info.

The following programs run June 26 to the first week in August.
Registrations will run May 22 until June 11.

Adventure

Youth Archery

Grades 4 - 5	Wednesday	9:30 am
Grades 4 - 5	Thursday	9:30 am
Grades 6 - 8	Wednesday	11:00 am
Grades 6 - 8	Thursday	11:00 am

Kayaking

Grades 5 - 9	T, W or Th	1:00 pm
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Disc Golf

Grades 4 - 9	Monday	1:15 pm
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Mt. Biking

Grades 5 - 9	M or F	9:00 am
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Advanced Mt. Biking

Grades 5 - 12	M or F	11:30 am
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Hiking/Geocaching

Grades 5 - 9	Tuesday	9:00 am
	Friday	2:00 pm

Marksmanship

Grades 5 - 12	W or Th	12:30 pm
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Flag Football

Grades 5+	Tuesday	3:00 pm
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Golf

Grades 8 - 12	Wednesday	2:00 pm
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Games in the Park

Grades 5 - 9	Wednesday	6:00 pm
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Super-hero Club

Grades 1 - 2	Thursday	12:30 pm
Grades 3 - 4	Thursday	2:00 pm

Gardening Club

Grades 2 - 3	Tuesday	2:00 pm
Grades 4 - 6	Tuesday	3:30 pm

Softball

Grades 3 - 5 Ponytail	M, W, F	9:00 am - 10:15 am
Grades 6 - 8 Junior	M, W, F	10:30 am or 12:00 pm

Baseball

Grade Pre-K & K Minis	T & TH	8:30 or 9:30 am
Grade 1 & 2 Tee	T & TH	9:30 or 10:30 am
Grade 2 & 3 Farm	T & TH	10:30 or 11:45 am
Grades 4 - 7 Major	M, W, F	8:30 or 10:30 am
Grades 7 - 10 Pony	M, W, F	3:00 pm

Tennis

Grade 3	T & TH	9:00 am
Grade 4	M & W	11:00 am
Grade 4	T & TH	10:00 am
Grade 5	M & W	12:00 pm
Grade 5	T & TH	12:00 pm
Grade 6	M & W	10:00 am
Grade 6	T & TH	1:00 pm
Grade 7 & 8	M & W	9:00 am
Tennis Team	T & TH	2:00 pm

Sign up by grade entering in the fall of 2023



**SARGENT FAMILY
COMMUNITY CENTER**
24 CHAPMAN RD.
764-2545

THE FORUM
84 MECHANIC ST.
764-0491

www.pirec.org



Dates are subject to change

A reminder to all who attend Recreation & Parks activities; All City of Presque Isle properties are TOBACCO/SMOKE FREE. Smoking/tobacco use is not permitted at any event or on any grounds owned by the city of Presque Isle.