



# 2021 SUMMER PROGRAMS



# Greeting & Introductions

Welcome to the Presque Isle Recreation & Parks anticipated summer programs. This brochure is designed to inform parents and participants of all the exciting programs we have to offer. In it you will find important details regarding each program or activity.

Due to the COVID-19 pandemic, the Presque Isle Recreation & Parks Department will be obligated to adhere to all state mandates. The health and safety of staff, participants, and parents will be our first priority.

It is with your understanding that any or all of our programs are subject to change. If at any time during the summer you have any concerns, questions or suggestions, please do not hesitate to contact us.

Have a great summer!  
Presque Isle Recreation & Parks

Register at the Sargent Family Community Center or online at [pirec.org](http://pirec.org) by clicking on the registration tab. All program fees are to be paid in full at time of registration. Non-Residents may not be eligible for some county competitions if their community offers a similar team.

## **THE FORUM:**

Monday - Friday 8:00 am - 5:00 pm  
For info contact 764-2545

## **RIVERSIDE SPLASH PAD:**

10:00 AM - Dusk  
(Closed during inclement weather)

## **SARGENT FAMILY COMMUNITY CENTER:**

Monday - Friday 8:00 am - 5:00 pm  
Saturday - Sunday 10:00 am - 4:00 pm  
For info contact 764-2545

## **RIVERSIDE SNACK SHACK:**

DAILY 11:00 am - 7:00pm  
(weather permitting)



For cancellations,  
contact our hotline: 764-2510.  
For the most up to date program  
information, visit us on Facebook.

# Summit Series

*"The mountains are calling, and I must go".*

- John Muir

Break out the hiking boots and dust off those trekking poles. We're going hiking! Taking place the first Saturday for five months, the summit series will challenge your hiking prowess, as each month the climb gets progressively more strenuous, culminating in the ultimate ascent; Katahdin.

**Runs May 1 - September 4**

**Free**

Participants provide their own gear. Katahdin eligibility based on participation in previous hikes.



## Track & Field

**Youth ages 7 & 8 (as of December 31, 2021):** Held on Mondays and Wednesdays 5:00 pm - 6:00 pm. Standing long jump, softball throw and timed races will be introduced.

**Youth ages 9 to 14 (as of December 31, 2021):** Held on Tuesdays and Thursdays from 5:00 pm - 6:15 pm.

**Start Date: Ages 7 & 8 - May 10**

**Ages 9 to 14 - May 18**

All practices will be conducted at the Presque Isle Middle School track. Dates/Times for local meets will be announced as they are determined.

The cost is \$25. This is a 6 week program. **LET'S RUN!**



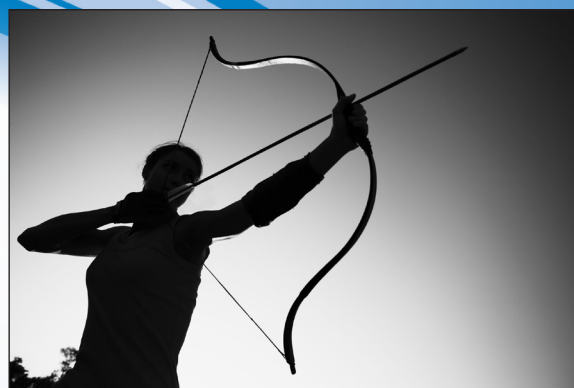


# Adult Archery

Learn the basics and hone your skills as you loose arrows at your target. Held on Sundays, at the Sargent Family Community Center. Have fun and gain confidence as your shooting improves from 5, 10, and all the way out to 20 yards! No special skills are required for this adult offering. Come with a desire to learn, and leave with a new passion!

**Runs May 16 - June 20 from 3:00 - 4:15 pm**

Cost \$35



# Youth Yoga

w/ Julie French



Youth yoga is very different from adult yoga. Children will alternate short movement activities with quiet ones to teach them to focus and calm themselves. Skills we work on include a greater awareness of their physical and emotional bodies, all while having fun. Using rhymes, stories, games and their own creativity, we foster confident, mindful kids who feel empowered in a non-competitive environment. Every class touches on flexibility, balance, strength and relaxation.

**Multi-purpose room at the Sargent Family Community Center  
Children ages 5-9**

**June 1, 8, 15 & 22 from 3:30 - 4:30 pm**

Cost \$25

# Senior Yoga

w/ Julie French

If you can breathe, you can do yoga. A gentle stretching, strengthening, balancing class. If you cannot easily get down and up from the floor, then chair yoga can work for you. The chair provides support while practicing seated or standing poses. Class ends with a short relaxation activity so you can focus on your body's strengths while breathing efficiently and working to settle your busy mind. We present a laid-back environment so you can work at your own level and approach your body with sensitivity and kindness.

**Multi-purpose room at the Sargent Family Community Center**

**June 3, 10, 17 & 24 from 10:00 - 11:00 am**

Cost \$25



# Northern Maine Soccer Camp



Get a leg up on the competition and join us for the Northern Maine Soccer Camp! This camp will take place ahead of the middle school and high school soccer seasons. Age divisions will be:

**Grades K-2, 3-5, 6-8 and 9-12.**

**This program will run August 9, 10, 11 & 12.**

The cost will be \$60.

Stay tuned as there will be more info to come!



# Youth Archery



Come enjoy the great sport of archery in a safe and fun environment. Classes focus on range safety and basic shooting techniques with a recurve bow. All equipment is provided. Archery meets once per week and is held at the Sargent Family Community Center.

**Starts the week of June 21 and ends the first week in August.**

The cost is \$25.

Grades 4 & 5 Wednesday 9:30 am  
Grades 4 & 5 Thursday 9:30 am

Grades 6 - 8 Wednesday 10:30 am  
Grades 6 - 8 Thursday 10:30 am



# Kayaking



Be it a picturesque pond, a serene stream or a rolling river, join us as we learn to paddle a touring kayak. Come and explore the many bodies of water all around us. Participants will also learn water safety procedures.

All classes are offered to boys and girls in grades 5-9. **Classes are held once a week on Tuesday, Wednesday or Thursday from 1:00 to 4:00 pm.** Transportation to boating locations will be provided.

**Starts the week of June 21 and ends the first week in August.**

The cost is \$25.



# Disc Golf

Come enjoy the outdoors and learn how to play disc golf at Maple Ridge Disc Golf in Westfield. The course runs through various terrains from grassy fields to forested fairways. Disc golf is easy to learn and lots of fun for children and adults of all ages and athletic abilities. Participants will receive their own disc to keep at the end of the program! This program is for boys and girls in grades 4 - 9.

**Mondays from 1:15 pm - 4:30 pm.**

**Transportation to and from the Sargent Family Community Center will be provided.**

**Starts the week of June 21 and ends the first week in August.**

The cost is \$25.





# Intro to Fishing

This program introduces kids to the great sport of fishing. Sponsored and taught by the Presque Isle Fish & Game Club and the Presque Isle Elks.

Participants will learn about native fish, fishing rules and safety, baiting their hook, casting, and how to fish with a hook and bobber. No experience necessary.

All fishing supplies provided and participants will be able to keep all equipment at the end of the season. This program is for kids in grades K-6 and is held at Mantle Lake Park every **Saturday morning from 8:00 am to 10:00 am**. A cold breakfast and lunch will be provided. Kids must be accompanied by a supervisory adult. Program is free and pre-registration is not required.

Start date will coincide with the Hooked on Fishing, Not on Drugs fishing derby held Saturday, June 5.



## Mountain Biking



This program is available to bikers of all abilities. You will learn to climb steep hills, descend slopes, power through turns, and have a blast with your friends. We will explore trails around the greater Presque Isle area, including locations such as the Nordic Heritage Center and Aroostook State Park. This crew gets down in the mud, so rain or shine, it's time to ride!

Mountain biking is offered to boys and girls in grades 5 - 9. The program is held on **Mondays or Fridays from 9:00 am to 12:00 noon**. Participants meet at the Sargent Family Community Center. Transportation to various biking locations be will provided.

**Starts the week of June 21 and ends the first week in August.**

The cost is \$25.

## Hiking/Geocaching

Let our instructors open your eyes to our beautiful trails with hiking/geocaching. Boys and girls in grades 5 - 9 will get a chance to explore Mantle Lake Park, Haystack, Quoggy Jo, and many more trails in this fun adventure program! **We will meet at 9:00 am on Tuesdays or 1:00 pm on Fridays.**

Transportation from the Sargent Family Community Center to hiking locations will be provided.

**Starts the week of June 21 and ends the first week in August.**

The cost is \$25.





# Flag Football

## *BLUE 52! Hut, HUT!*

Are you ready for some football!! This activity is offered to boys and girls in Grades 5+ and runs once a week on **Tuesdays at 3:00 pm - 4:00 pm at Riverside Park.**

**Starts the week of June 21 and ends the first week in August.**

Program is **free** and registration is not required.



# Super-hero Club

## *KA-POW! ZAP! WHAM-O!*

It's Super Hero time! Come save the day as we celebrate our favorite super heroes. Featuring a new super hero every week, participants will train their super skills, make costumes, battle the obstacle course and help save the world from total destruction. This program is for boys and girls in grades 1 - 4 and is held at the Sargent Family Community Center.



**Grades 1 & 2 Thursdays from 12:30 pm - 1:45 pm**

**Grades 3 & 4 Thursdays from 2:00 pm - 3:15 pm**

**Starts the week of June 21 and ends the first week in August.**

The cost is \$25.

# Gardening Club

**Gardening Club** is a great opportunity for boys and girls to get their hands dirty!

Throughout the class, kids will learn how to grow, maintain and harvest vegetables, herbs and flowers. We will also take trips (transportation provided) to a community garden and local grower to learn the importance of maintaining and caring for their own garden plots. This program will take place at the Sargent Family Community Center.



**Grades 2 & 3 on Tuesday 2:00 - 3:30 pm**  
**Grades 4 - 6 on Tuesday 3:30 - 5:00 pm**

**Starts the week of June 21 and ends the first week in August.**

The cost is \$25.





# Tennis



Players participate in various games and activities that develop hand-eye coordination and other tennis skills. The focus is on having fun on the court, while learning the basic strokes of tennis. Lessons for youth are held at Mantle Lake Park. All players need to bring a tennis racket, sneakers, comfortable clothing and a personal water bottle. Alternate rain location will be the Sargent Family Community Center.

**Starts the week of June 21 and ends the first week in August.**

**The cost is \$25.**

## Tennis Team

This program is for the more experienced and competitive tennis player. Players must be in grades 5-12. The tennis team will compete with other county teams and participate in county tournaments. The tennis team meets at Mantle Lake Park.

**Tuesdays & Thursdays at 2:00 pm.**

**Starts the week of June 21 and ends the first week in August.**

**The cost is \$25.**

Grade 3	T & Th	9:00 am
Grade 4	M & W	11:00 am
Grade 4	T & TH	10:00 am
Grade 5	M & W	12:00 pm
Grade 5	T & Th	12:00 pm
Grade 6	M & W	10:00 am
Grade 6	T & TH	1:00 pm
Grade 7 & 8	M & W	9:00 am
Tennis Team	T & TH	2:00 pm



# Basketball Leagues



We are now offering coed summer basketball leagues. Whether for off-season training, to develop your skills or just to have fun with friends, we are offering a league for middle school youth and another for high school age. These leagues are not coached, but staff will be on site to officiate the games. Teams posted by June 18 and play begins June 20.

Grades 6 - 8      Sundays 4:30 pm or 5:30 pm  
Grades 9 - 12      Sundays 6:30 pm or 7:30 pm

**The cost is \$25.**



# Softball



Participants will learn and develop a wide range of softball skills including fielding, hitting and team play through various age appropriate drills and games. After the Skills Assessment

(**see below**), players will be placed on teams and participate in practices and games. Practice and game times may vary. Held at PIHS.

Players should bring a glove, personal water bottle and wear sneakers or cleats along with their team uniform.

The cost is \$25.

Girls Grades 3 - 5  
Girls Grades 6 - 9

Ponytail  
Junior

M, W & F 12:30 pm or 2:00 pm  
M, W & F 3:30 pm or 5:00 pm



## Skills Assessment

All players should attend the Skills Assessment on **Wednesday, June 16** at the Presque Isle High School Softball Diamond.

Girls Grades 3 - 5 3:30 pm  
Girls Grades 6 - 9 4:30 pm

**Schedules and team roster will be available online and may be picked up at the Rec Center beginning Friday, June 18. Uniforms will be handed out at their team's first practice.**

**Starts the week of June 21 and ends the first week in August.**





# Baseball



Participants will learn and develop a wide range of baseball skills including fielding, hitting and team play through various age appropriate drills and games. After the Skills Assessment (**see below**), players will be placed on teams and participate in practices and games held at Bishop's Island Ballfield or Pine Street Field. Practice and game times may vary.

Players should bring a baseball glove, personal water bottle and wear sneakers or cleats and team uniform.

The cost is \$25.

PreK & K	Mini Tee-Ballers	T & TH	8:30 am or 9:30 am
Grade 1 & 2	Tee Ball	T & TH	9:30 am or 10:30 am
Grade 2 & 3	Farm Ball (coaches pitch)	T & TH	10:30 am or 11:45 am
Grades 4 - 7	Major League	M, W & F	8:30 am or 10:30 am
Grades 7 - 10	Pony League	M, W & F	3:00 pm

## Skills Assessment

The following grades should attend the Skills Assessment on **Wednesday, June 16** at Bishop's Island Ballfield.

Grade 2	3:30 pm
Grades 4 - 7	4:30 pm
Grades 8 - 10	5:30 pm

**Schedules and team rosters will be available online and may be picked up at the Rec Center starting on Friday, June 18. Uniforms will be handed out at their team's first practice.**

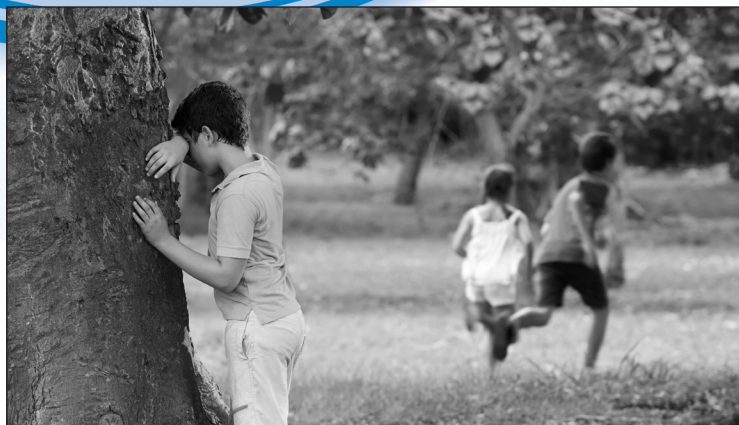
**Starts the week of June 21 and ends the first week in August.**



# Games in the Park

An exciting new offering for kids, we're getting together at Mantle Lake Park to play classic backyard games like capture the flag, man hunt, and camouflage. No money required. All that's needed is a thirst for fun and adventure! Games are for grades 5-9 on Wednesday evenings from 6:00 pm - 8:00 pm at Mantle Lake Park. Parents are responsible for transportation.

**Each Wednesday beginning June 23 until July 28**  
**Free**



## Family Adventure Night



"When can we go again!?!?" That's what you'll hear when you bring the whole family out for Family Adventure Night! The activity and location changes every week, but the wholesome family fun always stays the same! Rest assured all activities will be safe and family friendly. After all, recreation is our game! Offered Thursday evenings. Event details will be posted on Facebook a week prior to each activity. Call to register 764-2545.

**Each Thursday beginning June 24 until July 29**  
**Free unless fee incurred by location**

## Fishing

Kids in grades 6-12 will have a blast as we load into our adventure van and explore fishing holes all around the area! New to fishing or just looking for a ride to a new pond, it doesn't matter! Poles and gear can be provided, but kids are encouraged to bring their own gear if they have it. This activity is held on Tuesdays 6:00 pm - 8:00 pm. Van departs the Sargent Family Community Center at 6:00 pm.

**Each Tuesday beginning June 22 until July 27**  
**Cost \$25**







# Rugby



Get introduced to the wonderful world of Rugby! A game that is loved the world over. Kids in grades 4, 5, and 6 will get exposed to the sport and learn what it takes to play the game. Your child will learn key Rugby terms, positions, how the game is scored and what skills are needed to advance your team downfield. Cleats and a mouth guard are encouraged, but not required. Come give Rugby a "try".

**Start Date - Saturday, June 26 until July 31**  
**(there will be no session on July 3)**  
**Times for this activity TBD**

## Ladies Trail Night

Ladies age 18 and over are encouraged to meet up and hit the trails for some fun and fitness! In this offering, we will be exploring several different trail systems in the area. Stay tuned for locations.

**Tuesdays - Advanced w/ Beth Williams**  
**Wednesdays - Intermediate w/ Jill Boyd**  
**The first session will be Tuesday, May 11 and run right up until Mother Nature says otherwise.**  
**This activity is FREE to attend.**



## Adult Horseshoes



We've got a ringer here folks! Join us at Mantle Lake Park on Friday evenings in the summer as we unwind from the week and chuck some shoes! Prior experience not necessary. We'll show you the ropes. Be as relaxed or competitive as you like, it's all about the fun! There is no cost to getting together and throwing shoes, except for your time, which is best spent throwing horseshoes anyway.

**Each Friday at 7:00 pm beginning June 4 until September 10**  
**Free**





# Adult Camp Craft



Already love to camp or think you might enjoy it? Come learn basic campcraft skills from a Registered Maine Guide, and gain confidence in your own abilities. We will cover skills like fire starting, shelter building, dutch oven cooking, and much more! Camp Craft takes place at Mantle Lake Park on Tuesday evenings from **6:00 pm to 7:00 pm.**

**Each Tuesday beginning June 1 until June 25**  
**Free**

## Tai Chi

Tai Chi comes from an ancient Chinese tradition which involves a series of movements performed in a slow, focused manner. Regular practice of Tai Chi has been shown to improve balance, flexibility, fitness, as well as reduce stress. **NO** prior experience with Tai Chi necessary. **NO** special clothing or equipment necessary.

The course of study is geared toward seniors, but open to all.  
For additional information, please call 764-2545.  
(This activity will be moving to its outdoor location at Mantle Lake Park on May 12th)

**FREE to attend**  
**Wednesdays from 10:30 am – 11:30 am**



## Tabata



Tabata sessions will be offered at the Sargent Family Community Center. Tabata is a high intensity physical fitness activity that is based on movements being performed at intervals. These movements as well as the intensity of the activity can be modified to fit whatever level of fitness you may find yourself at. Participants are encouraged to bring their own mat, comfortable clothes, a personal water bottle and light to medium weights (Some equipment will be made available to use through the recreation & parks dept. Please communicate what your needs may be.)

**This activity is FREE to attend.**  
**Monday 5:00 pm – 6:00 pm. All ages.**



What's happening this summer at the ...



## Summer Arts 2021

### How do I sign up?

Message us on Facebook

E-mail [wintergreenarts@gmail.com](mailto:wintergreenarts@gmail.com)

Or, call (207) 762-3576

### How much does it cost?

Camps are \$40 per week; ART with HeART is FREE

**NO child turned away due to inability to pay.**

**SCHOLARSHIPS AVAILABLE**

### ART with HeART WITH Ms. SHAYE MCHATTEN

39 DAVIS STREET / BIRCH STREET NEIGHBORHOOD

**June 28 – July 29**

**In partnership with the Presque Isle Housing Authority**

9:00 – 10:30 Grades K-3

11:00 – 12:30 Grades 4-8

Monday through Thursday

**FREE to all local children**



### DIGITAL ARTS CAMPS WITH Mr. JOSH ARCH3R

WINTERGREEN ARTS CENTER / Aroostook Centre Mall

9:00 – 10:30 a.m. (K-3); 11:00 a.m. – 12:30 PM (4-8)

Week 1 (Jun 28 – Jul 2) EASTON REC Camp

Week 2 (July 5 – 8) SUPERHEROES Camp

Week 3 (July 12 – 15) ROBOTICS Camp

Week 4 (July 19 – 22) VIDEO PRODUCTION I Camp

Week 5 (July 26 – 29) VIDEO PRODUCTION II Camp

Week 6 (Aug 2 – 6) AR GIRLS (Virtual / FREE)

with Mr. Josh Arch3r and Ms. Maureen Connell

Week 7 (Aug 9 – 12) VIDEO GAMES Camp

### SUMMER ART at the REC WITH Ms. MELANIE CYR

SARGENT FAMILY COMMUNITY CENTER

9:00 – 10:30 a.m. (K-3); 11:00 a.m. – 12:30 PM (4-8)

Week 1 (July 12 – 15) PHOTOGRAPHY Camp

Week 2 (July 26 – 29) ARTS & CRAFTS Camp

Week 3 (Aug 9 – 12) NATURE WALK Camp

Week 4 (Aug 23 – 26) ARTS & CRAFTS Camp

Summer Art at the Rec

### SUMMER ARTS CAMPS WITH Ms. SHAYE MCHATTEN

WINTERGREEN ARTS CENTER / Aroostook Centre Mall

1:30 – 3:00 PM (K-3); 3:30 – 5:00 PM (4-8)

Week 1 (Jun 28 – Jul 1) CREATE-A-CASTLE Camp

Week 2 (July 5 – 8) UNICORN Camp

Week 3 (July 12 – 15) ZOO Camp (K-3)

RETRO Camp (Grades 4-8)

Week 4 (July 19 – 22) MERMAID & PIRATE Camp (K-3)

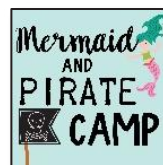
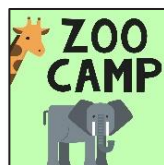
SPY Camp (Grades 4-8)

Week 5 (July 26 – 29) STEAM Camp



**Sign Up Today!**

**(207) 762-3576**





# 2021 Summer Schedule

## Ongoing

**Tabata** - Monday 5:00 pm – 6:00 pm at the Sargent Family Community Center. All ages.

**Line Dancing** - Mondays from 1:00 pm - 3:00 pm in the Multi-Purpose room. FREE to attend.

**Music Jam** - Wednesdays from 12:00 pm - 3:00 pm in the Senior Room. This activity features the talents of several area musicians. FREE to attend.

**Adult Co-Ed Basketball** - Tuesdays from 6:00 pm - 8:00 pm in the William V. Haskell Gymnasium. \$5 per player

**Adult Men's Basketball** - Thursdays from 6:00 pm - 8:00 pm in the William V. Haskell Gymnasium. \$5 per player

**Adult Horseshoes** - Runs June 4 - September 10 at Arnold Brook Lake. FREE to attend.

**Tai Chi** - Wednesdays from 10:30 am - 11:30 am at the Sargent Family Community Center. Moving to outdoor location at Mantle Lake Park May 12. FREE to attend.

The following programs run June 21 to the first week in August. Registrations will run May 24 until June 11.

## Adventure

### Youth Archery

Grades 4 - 5	Wednesday	9:30 am
Grades 4 - 5	Thursday	9:30 am
Grades 6 - 8	Wednesday	10:30 am
Grades 6 - 8	Thursday	10:30 am

### Kayaking

Grades 5 - 9	T, W or Th	1:00 pm
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### Disc Golf

Grades 4 - 9	Monday	1:15 pm
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### Intro to Fishing

Grades K - 6	Saturday	8:00 am
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### Fishing

Grades 6 - 12	Tuesday	6:00 pm
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### Mt. Biking

Grades 5 - 9	M or F	9:00 am
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### Hiking/Geocaching

Grades 5 - 9	Tuesday	9:00 am
	Friday	1:00 pm

## Flag Football

Grades 5+	Tuesday	3:00 pm
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## Super-hero Club

Grades 1 - 2	Thursday	12:30 pm
Grades 3 - 4	Thursday	2:00 pm

## Gardening Club

Grades 2 - 3	Tuesday	2:00 pm
Grades 4 - 6	Tuesday	3:30 pm

## Softball

Grades 3 - 5 Ponytail	M, W, F	12:30 am or 2:00 pm
Grades 6 - 9 Junior	M, W, F	3:30 or 5:00 pm

## Baseball

Grade Pre-K & K Minis	T & TH	8:30 or 9:30 am
Grade 1 & 2 Tee	T & TH	9:30 or 10:30 am
Grade 2 & 3 Farm	T & TH	10:30 or 11:45 am
Grades 4 - 7 Major	M, W, F	8:30 or 10:30 am
Grades 7 - 10 Pony	M, W, F	3:00 pm

## Tennis

Grade 3	T & TH	9:00 am
Grade 4	M & W	11:00 am
Grade 4	T & TH	10:00 am
Grade 5	M & W	12:00 pm
Grade 5	T & TH	12:00 pm
Grade 6	M & W	10:00 am
Grade 6	T & TH	1:00 pm
Grade 7 & 8	M & W	9:00 am
Tennis Team	T & TH	2:00 pm

## Basketball Leagues

Grades 6 - 8 coed	Sunday	4:30 or 5:30 pm
Grades 9 - 12 coed	Sunday	6:30 or 7:30 pm

*Sign up by grade entering in the fall of 2021*





**SARGENT FAMILY  
COMMUNITY CENTER**  
24 CHAPMAN RD.  
764-2545

**THE FORUM**  
84 MECHANIC ST.  
764-0491

[www.pirec.org](http://www.pirec.org)



Dates are subject to change

A reminder to all who attend Recreation & Parks activities; All City of Presque Isle properties are TOBACCO/SMOKE FREE. Smoking/tobacco use is not permitted at any event or on any grounds owned by the city of Presque Isle.