

WATER EXERCISE CLASSES



September 23 to November 1, 2019

Shallow Water Exercise

Tuesday 10-10:50 a.m.	Thursday 10-10:50 a.m.	Friday 10-10:50 a.m.
September 24	September 26	September 27
October 1	October 3	October 4
October 8	October 10	October 11
October 15	October 17	October 18
October 22	October 24	October 25
October 29	October 30	November 1

Deep Water Exercise

Monday 10-10:50 a.m.	Monday 4-4:50 p.m.	Wednesday 10-10:50 a.m.	Wednesday 4-4:50 p.m.
September 23	September 23	September 25	September 25
September 30	September 30	October 2	October 2
October 7	October 7	October 9	October 9
October 14-No Class	October 14-No Class	October 16	October 16
October 21	October 21	October 23	October 23
October 28	October 28	October 30	October 30

Fees

1 x week \$24

2 x week \$36

3 x week \$45

4 x week \$60

5 x week \$70

REGISTRATION DATES: September 9 to October 11, 2019

www.pirec.org

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