

WATER EXERCISE CLASSES



May 13 to June 21, 2019

Shallow Water Exercise

Tuesday 10-10:50 a.m.	Thursday 10-10:50 a.m.	Friday 10-10:50 a.m.
May 14	May 16	May 17
May 21	May 23	May 24
May 28	May 30	May 31
June 4	June 6	June 7
June 11	June 13	June 14
June 18	June 20	June 21

Deep Water Exercise

Monday 10-10:50 a.m.	Monday 4-4:50 p.m.	Wednesday 10-10:50 a.m.	Wednesday 4-4:50 p.m.
May 13	May 13	May 15	May 15
May 20	May 20	May 22	May 22
May 27-No Class	May 27- No Class	May 29	May 29
June 3	June 3	June 5	June 5
June 10	June 10	June 12	June 12
June 17	June 17	June 19	June 19

Fees

1 x week \$24

2 x week \$36

3 x week \$45

REGISTRATION DATES: April 29 to May 10, 2019

www.pirec.org

(207) 764-2545