

WATER EXERCISE CLASSES



January 7 to February 15, 2019

Shallow Water Exercise

Tuesday 10-10:50 a.m.	Thursday 10-10:50 a.m.	Friday 10-10:50 a.m.
January 8	January 10	January 11
January 15	January 17	January 18
January 22	January 24	January 25
January 29	January 31	February 1
February 5	February 7	February 8
February 12	February 14	February 15

Deep Water Exercise

Monday 10-10:50 a.m.	Monday 4-4:50 p.m.	Wednesday 10-10:50 a.m.	Wednesday 4-4:50 p.m.
January 7	January 7	January 9	January 9
January 14	January 14	January 16	January 16
January 21 No Lesson	January 21 No Lesson	January 23	January 23
January 28	January 28	January 30	January 30
February 4	February 4	February 6	February 6
February 11	February 11	February 13	February 13

Fees

1 x week \$24

2 x week \$36

3 x week \$45

REGISTRATION DATES: December 26, 2018 to January 25, 2019

www.pirec.org

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