

WATER EXERCISE CLASSES



January 6 to February 14, 2020

Shallow Water Exercise

Tuesday 10-10:50 a.m.	Thursday 10-10:50 a.m.	Friday 10-10:50 a.m.
January 7	January 9	January 10
January 14	January 16	January 17
January 21	January 23	January 24
January 28	January 30	January 31
February 4	February 6	February 7
February 11	February 13	February 14

Deep Water Exercise

Monday 10-10:50 a.m.	Monday 4-4:50 p.m.	Wednesday 10-10:50 a.m.	Wednesday 4-4:50 p.m.
January 6	January 6	January 8	January 8
January 13	January 13	January 15	January 15
January 20 NO CLASS	January 20 NO CLASS	January 22	January 22
January 27	January 27	January 29	January 29
February 3	February 3	February 5	February 5
February 10	February 10	February 12	February 12

Fees

1 x week \$24

2 x week \$36

3 x week \$45

4 x week \$60

5 x week \$70

REGISTRATION DATES: December 23, 2019 to January 24, 2020

www.pirec.org

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