



William "Bill" Haskell
Memorial Gymnasium & Track
Information & Rules

1. Clean, dry non-marking sneakers are required. No street shoes or bare/stocking feet are allowed at any time.
2. Only spectators may enter with street shoes and for the purpose of accessing the bleachers.
3. Youth in grades 2 & under are not permitted in the gym, unless directly supervised by a parent/guardian.
4. Youth in grades 5 & under are not permitted on the track, unless supervised by a parent/guardian.
5. Strollers/walkers/wheelchairs are permitted, granted they have clean, dry wheels.
6. No foul or abusive language.
7. Use equipment only for its intended use. Pick up when done.
8. Walkers on track use the inside lanes, while runners use the outside lanes.
9. No stopping on the track and no more than two walkers across.
10. Walk/Run in the direction noted for each day:
 - Tuesday/Thursday/Saturday – Clockwise
 - Monday/Wednesday/Friday/Sunday – Counter Clockwise
11. Track distance:
 - Inside Lane: 14.5 laps = 1 mile
 - Outside Lane: 13 laps = 1 mile
12. Respect the facility and other users.

Violation of these rules, may result in suspension or expulsion from the facility.

We appreciate your cooperation!