

WATER EXERCISE CLASSES



April 1 to May 11, 2019

Shallow Water Exercise

Tuesday 10-10:50 a.m.	Thursday 10-10:50 a.m.	Friday 10-10:50 a.m.
April 2	April 4	April 5
April 9	April 11	April 12
April 16	April 18	April 19
April 23	April 25	April 26
April 30	May 2	May 3
May 7	May 9	May 10

Deep Water Exercise

Monday 10-10:50 a.m.	Monday 4-4:50 p.m.	Wednesday 10-10:50 a.m.	Wednesday 4-4:50 p.m.
April 1	April 1	April 3	April 3
April 8	April 8	April 10	April 10
April 15	April 15	April 17	April 17
April 22	April 22	April 24	April 24
April 29	April 29	May 1	May 1
May 6	May 6	May 8	May 8

Fees

1 x week \$24

2 x week \$36

3 x week \$45

REGISTRATION DATES: March 18 to March 29, 2019

www.pirec.org

(207) 764-2545