

# Senior Activities

May 15-21, 2017  
(207) 764-2545



## Aroostook Area Agency on Aging

### Monday

#### **10:00-11:00 a.m. RSVP Bone Builders**

Classes require a medical release to be filled out prior to starting an exercise program. Contact Judy Anderson, LCSW at 764-3396 for more information. **Class will break June, July and August.**

#### **1:00-3:00 p.m. Game Time**

Dominos and Marbles are a few of the games that are played. Any interested players can bring a game to play or join a game in progress.

### Tuesday

#### **9:00-10:30 a.m. Knit & Stitch**

Bring your projects and enjoy the company of other crafters.

#### **9:00-11:30 a.m. NEW! Art Group**

Working on an art project? Come on in and work side-by-side with others working on their projects starting next week, **May 23.**

### Wednesday

#### **12:00-3:00 p.m. Music Jam**

The Aroostook Area Agency on Aging provides the music for all to enjoy. For more information, contact Dottie Sines at 764-6185.

### Thursday

#### **11:00-4:00 p.m. Bridge Group**

Skilled players only. Any interested players, contact Bob Palm at 764-0869.

## Billiards Schedule

*During the following times the billiard table will not be available:*

**Wednesday 12:00 - 3:00 p.m.**  
due to limited space during Music Jam.

**Thursday 11:00 - 4:00 p.m.**  
During the time reserved for the Bridge Group.



## Room Reserved

**Saturday 10:30-5:00 p.m.**

Rental

**Sunday 11:30-2:30 p.m.**

Rental

All other times that room is rented to private parties.

**Suggestions on senior programming, contact Sloan Dionne at 764-2545 or [sdionne@presqueisleme.us](mailto:sdionne@presqueisleme.us).**